



THE TULIP NEWSLETTER

ONTARIO DISTRICT 1

Founded in 2000 Probus Club of Ottawa Alta Vista #101
Meetings held at Gloucester Presbyterian Church, 91 Pike Street - October 2023
Next Meeting: Wednesday October 25 at 10am in person
Greeters for September: Maureen Dawson
October Speaker: Sarah Lockyer



Bernetta Starkey

PRESIDENT'S MESSAGE

Dear Members,

WE'RE GOING TO GREECE! Everyone we know has been going to Greece so we have to go find out for ourselves. Bill and I will be leaving on November 7th and returning on the November 23rd. This means we won't be at the November meeting.

I want to take this opportunity to tell you how much I have enjoyed being your president for these past two years. I was a new member to Probud Ottawa Alta Vista but not new to Probud. I had been a president in another club prior to coming to Ottawa and thoroughly enjoyed that time too.

I have enjoyed seeing initiatives such as the collection of bread bag tags (BBTs) to save them from the landfill. The book exchange which was an idea I learned from another president of another club. The preemie tuques which was something Ann Ketcheson asked the membership to participate in and you did in spades. The 50/50, greeters at the door, tables and chairs instead of just chairs in a classroom setting. I asked Linda Miller-Nesbitt to organize monthly events and she took off with it.

I feel like I blinked and my time was over. I can't stress enough how much your club needs your and how much fun it is to get involved.

The vice-president succeeds the president which means Ann Ketcheson will be your president in December. Please give Ann all your support and well wishes as you have been so supportive of me. Ann will be looking for her own VP so please consider it. I promise you you won't regret it.

Bernetta Starkey
President - Probud Club of Ottawa Alta Vista

We have a book exchange program. Bring in your books and put it on the table. Anyone can pick up as many books as they like. Nobody expects to get their books back. Any books left behind will be donated to the Ottawa Library.



Our November meeting will be our Annual General Meeting. All the positions, except president, are open. Specifically we need to find people for: VP, Program, Events, and Webmaster. I urge you to look into a position on the Board. Even if there are two people interested in a position, we can have an election. We will review the year at this meeting.

Oct 24 - Nov 21

SCORPIO

Scorpions are charismatic and can be persistent. If they want



something, don't stand in their way. They will investigate before they decide and are ingenious

in their approach. They are prone to secrets, you will have to pry them out slowly. Scorpions don't back away from the truth just because they don't want to hear it.

Management Committee Contact List

President/The Tulip	Bernetta Starkey	343-572-7448	bernettastarkey1@gmail.com
Vice President	Ann Ketcheson	613-244-1940	annketch@rogers.com
Past Pres/Treasurer	Bonnie Barber	343-984-6101	tandbbarber@rogers.com
Secretary	Margot Montgomery	613-232-2463	margotmontgomery@rogers.com
Membership	Bob Mady	613-883-0286	bmady49@gmail.com
	/ Jane Wickham	343-698-8286	janewickhamis@icloud.com
Tel/Email	Barbara Wilson	613-837-2377	barbarawilson142@yahoo.ca
Program	Colin Galigan	613-730-7649	cgaligan@yahoo.com
Publicity	<i>Vacant</i>		
Hospitality	Paula Woollam	613-733-7196	pwoollam@bell.net
Goodwill/Events	Linda Miller-Nesbitt	613-323-1259	lmillernesbitt@gmail.com
Member at Large/Webmaster	John Wright	613-731-8521	jcwright@bell.net
Rotary Liaison	Eva Hammond	613-733-1459	hammond.eva@gmail.com

PLEASE HELP YOUR CLUB



GOODWILL

Linda Miller-Nesbitt

If you know of anyone who is ill or passed, please let us know.

A get well card was sent to Linda Miller-Nesbitt as she is recovering from surgery. Get well soon, Linda.



AUTUMN APPLE SALAD (with a maple vinaigrette)

Summers are identified by their multitudes of tasty salads. Fall is here to say it can offer some delicious salads too.

FINANCIAL REPORT for September 2023

Bonnie Barber

	Expenses	Revenues	TOTALS
Opening Balance			\$3306.94
Memberships		200.00	
Loonie Bin		31.40	
50/50		32.50	
Bank charges	-4.00		
Hospitality baking	-10.00		
Totals		\$51.50	\$3556.84
50/50 Float			\$20.00
Membership Float			\$20.00

Make the dressing:

In a mason jar or something similar mix **2 tbsp extra virgin olive oil, 1 tbsp apple cider vinegar, 1 tbsp maple syrup, 1-1/2 tsp dijon mustard, salt and pepper to taste.** Shake to mix.

Layer salad:

Add **2 cups raw baby spinach** to a medium size bowl or plate. Top with **1/4 cup dried cranberries, 1/4 halved pecans, 2 tbsp feta cheese, 1/2 sliced granny smith apple, 2 slices of cooked and chopped bacon.**

Dress and toss:

Drizzle the salad dressing over the top of the salad, toss and serve.



MEMBERSHIP

Bob Mady & Jane Wickham

Our membership is currently standing at 81 members in good standing. We had 8 guests and 6 new member attend our September meeting for a total of 54 attendees.

Welcome to:

**Marion Dunning
Judith Hamilton
Glen & Gloria Isnor
Rosemary Swan
Martin Hill**

We are thrilled you have joined us!



We are planning our annual Christmas party for DECEMBER 13th. Please mark that date on your calendars. Our regular meeting, which is scheduled for December 27th, will be cancelled and we will see everyone back on January 24th, 2024.



Pat Robson

The 50/50 draw winner for September was **JUDY LIPSEY** who won **\$32.50!**

She had been a guest at our meeting.

\$1 - one ticket \$2 - three tickets

\$5 - ten tickets

Cash sales only.

Good luck, everyone!



PROGRAM

Colin Galigan

November Speaker

Ian MacKay

**Viking Influence
on the
English Language**

Ian MacKay will be speaking on the influence the Vikings had on the English language. Such fighting words such as: slaughter, ransack, club and knife were unknown in the English language. Other words such as sky, skin, wagon also originated with the Vikings. This will be a very interesting talk.

Colin is away so we don't have a photo of our speaker for November.

OUR DUES ARE DUE

It's that time of year again. Time to pay our dues. The dues have not been changed, a single membership is \$30, a couple is \$50. **Our dues are due by December 31st, 2023.**



- 1** - You can make your payment by cheque payable to Probus Ottawa Alta Vista and mail it to Probus Ottawa Alta Vista, c/o Gloucester Presbyterian Church, 91 Pike Street, Ottawa, ON K1T 3J6.
- 2** - You can make your cheque payable to Probus Ottawa Alta Vista and bring your cheque with you to the November or December meetings.
- 3** - For those who do their banking online, you can etransfer your dues to Bonnie Barber, our treasurer, at tandbbarber@rogers.com.
If you have recently joined Probus Ottawa Alta Vista, your dues will cover your 2024 membership.



We explained at our last meeting that we would like to have photos of our membership. These photos will be kept by the Management Team and will be used to recognize our members and to have a photo on file when an award is given or when we can get back to doing our profiles in the Tulip.

Eileen McCaffrey is our club photographer. When she asks to take your photo, please be agreeable and have your photo taken. Just to remind you that this is voluntary. You are not required to have your photo taken.



We recently had an East Sector Conference within District 101. Ann Ketcheson and Bernetta Starkey attended. Other clubs attending were Western Ottawa (Kanata), Perth, Rideau Valley (Manotick).

Some points of interest that came up is:

Speakers - There was a lot of interest in sharing speakers but the road block on this is when the clubs meet. None of the clubs have meetings that follow another. Some are the first Wednesday, another the fourth Wednesday and another on the second Tuesday. We couldn't ask a speaker to stay in town long enough to do two meetings.

Events - Perth and Rideau Valley organize bus tours for their members. Perth will be going to Niagara-on-the-Lake for a weekend. This will include a hotel stay, show tickets and meals. The three clubs closest to each other (Alta Vista, Rideau Valley and Western Ottawa) have planned to meet in the new year to discuss a possible trip along these lines. With three clubs participating, filling a bus seems within reach.

The representative at these meetings will bring back the information to the management team and once agreed upon, will come to the membership. Keep an eye on this spot.



Probus Canada is hosting a photo contest. Take your photo at the highest resolution you can. Go to probuscanada.ca to submit your photo. If your photo is chosen, you will receive a request for a Model Release form. This is asking the people in your photo to allow their photo to be published if chosen.

Probus Canada is looking for action shots of people enjoying activities together. No children please. The top prize of \$100 will be awarded to one winner. Other photos chosen will get bragging rights.

This is a wonderful opportunity to show off your photography skills and show your club doing fun things and enjoying each other's company. The deadline for submissions is November 30th.



Make a note in your calendar of this date.

Wednesday October 18

In September we met at P18 on Davidson Road, south of Hunt Club Road between Conroy and Hawthorne.

October will see us in Quebec on the Sugarbush Trail in Chelsea. Please join us and wear comfortable walking shoes, a hat, water and

happy faces. Please sign up on the website under SOCIAL GROUPS. This is talk of a bonus day in November. More on that to come.

We don't walk during the winter months and I've heard we are expecting a lot of snow this year. **Men welcomed.**





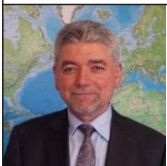
Fred Kallin was our speaker in September and his talk on Raoul Wallenberg, Per Anger and Nils Kallin (his father) drew a tremendous crowd. Our speaker in August, Gaston Barban, attended as well and brought a group of guests.

Raoul Wallenberg - The most known of the three men, was a Swedish citizen and came from a wealthy family. Fred liken his family to the Rockefeller family in wealth and social standing. He had a maternal great-great-grandfather who was Jewish. As a young man, he worked at an import-export company owned by Kalman Lauer, a Hungarian Jew. Lauer was finding it increasingly difficult to travel to his native

Hungary because Hungary was falling into the German orbit. Wallenberg travelled to Hungary on Lauer's behalf to conduct business. In 1941 he had been greatly impressed by the film PIMPERNEL SMITH in which the main character rescues a group of Jewish people. Wallenberg turned to his sister and said, "That is the kind of thing I would like to do." In his early 20s, Wallenberg was put in charge of a rescue program for Hungary's Jews. He quickly started issuing 'protective passports' to the citizens written in their native Hungarian language because the Germans were unable to read it. These passports identified the holder as a Swedish citizen. Wallenberg saved countless Jewish people through this. Wallenberg was arrested by the Soviets in January of 1945 at the age of 32 and was never seen again. His death has been shrouded in mystery.

Per Anger - Was a Swedish diplomat. Anger worked with Wallenberg at the Swedish legation in Budapest. It had been Anger's idea to issue 'protective passports'. Although the legality of the documents was in question, the Hungarian government agreed to recognize their bearers as Swedish citizens. Anger was arrested with Wallenberg in 1945. He was released three months later and returned to Sweden where he continued his diplomatic career with postings in Egypt, Ethiopia, France, Austria and the United States. Per Anger died in Stockholm in 2002.

Nils Kallin - The speaker's father, Nils Kallin, was a Swedish diplomat in Japan. Nils was asked to inspect civilian prison camps on behalf of The League of Nations and he demanded humane treatment for prisoners in accordance with the Geneva Convention. It was a gutsy move and a big bluff because civilian prisoners had not been added to the Geneva Convention. Nils actions saved hundreds of lives. Nils made a daring escape from Japan in 1945 which included a perilous journey on the Trans-Siberian railway to St Petersburg and then undercover to Finland. While enroute, there had been a brief stop in an isolated area. Nils was told to get off the train and he was certain he was to be shot. He got off the train and shoved into a small building where Raoul Wallenberg was. This was in May of 1945, four months after Wallenberg's arrest. The two men asked about each other's well-being and then Nils was whisked back onto the train.



A few corrections to our August Tulip. Gaston Barban noted that Sir Joseph Pope was not Canada's first ambassador, but Under Secretary for External Affairs, which today would be called Deputy Minister of Foreign Affairs. Secondly, visiting dignitaries from Canada do not stay at the official residence of the ambassador or high commissioner. They are hosted to dinners and receptions but do not spend the night. Only the ambassador or high commissioner reside at the official residence.



Sharon Howes hosts our euchre games. We play on the 2nd Wednesdays of each month, this month it will be October 11th at 1pm. Go to SOCIAL GROUPS on our website and you will find the write up for euchre. If you want to play, just add the last four digits of your phone number to the white box and hit SUBMIT. All new participants will receive an email with her address as we get closer to the date. See you there!

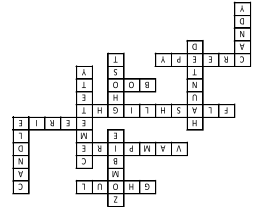


We are playing Bridge online. Please contact Bernetta Starkey (bernettastarkey1@gmail.com or 343-572-7448) if you would like to join us in Bridge online. It's easy and the game even helps you so you can learn while playing. When you join, you use your computer camera and audio so that you can see the people you are playing with. Lots of fun!

FUN &

GAMES

Crossword Solution



"Why would anyone rent us a nine-bedroom house for \$200 a month?"



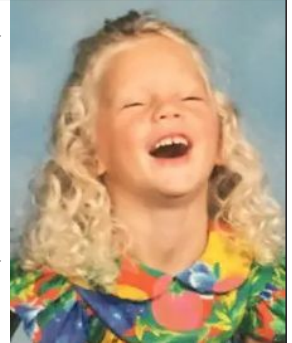
"Would it kill you to put on something nice when I summon you from the dead?"

	8			7				
2	1	6	4	3			8	9
5	7	4		9		2		3
			3	1			4	7
		3			4		9	
9	4	1		5	8	3		6
6	3				2			
	9				7		3	2
				8	3		5	



BABY FACE

What do we know about this multi-award winning musician? She's only 33 years old and she was the first artist to fight the record companies as to who actually owns her music. She is known to be a very good employer, sharing ticket sales income with her roadies. She writes a lot of her music about her life experiences and was influenced by Joni Mitchell's autobiographical lyrics that convey the deepest emotions. She has won 12 Grammy Awards, 29 Billboard Awards, 23 MTV Video Music Awards, 12 Country Music Association Awards and 2 Brit Awards. This very accomplished young lady was asked by our own Prime Minister to make Canada one of her tour stops. She added Toronto. Who is she?



RCMP STABLES TOUR OCTOBER 26th 11am

A visit to the RCMP Stables is planned for October 26th at 11am. This will be a 45-minute tour.

The stables are visible along the Promenade Sir George Etienne Cartier. You can park at 1 Sandridge Road (near the north end of St Laurent). This no charge tour will include a tour of the state carriages, practice arenas, farrier shop and stables.

We will follow this with lunch at the Royal Oak on the corner of Beechwood and Crichton. Reservations will be for 12:00 noon.

Please go to our website to sign up for the tour and email Bernetta at bernettastarkey1@gmail.com if you would like to join us for lunch.

NOVEMBER BIRTHDAYS



- 6 Jane Wickham
- 11 Hugh Reekie
- 17 Gary Costain

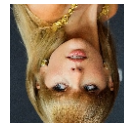


I just cleared out some space in the freezer sounds so much productive than I just polished off another pint of ice cream.

FUN &

GAMES

Baby Face
Taylor Swift



Sudoku Solution

2	3	6	9	5	8	1	7	4	8
4	1	5	8	7	3	6	2	9	7
7	8	6	4	2	9	3	1	5	7
6	9	3	7	1	4	8	5	2	6
8	4	2	7	6	1	3	9	5	8
5	6	4	2	7	8	9	3	1	5
4	5	1	3	6	8	2	7	4	9
9	7	8	6	2	4	1	5	3	7
3	2	7	1	5	4	8	9	6	3

ACROSS

- 2 Another word for ghost
- 5 I want to suck your blood
- 7 Strange and frightening
- 8 Good for trick-or-treaters to carry
- 10 What a ghost says
- 11 Scary



DOWN

- 1 OMG! Do they ever die?
- 3 Often used in Jack-O-Lanterns
- 4 Often misspelled
- 6 Think Amityville house
- 9 Spirit
- 11 They may say trick-or-treat but they really want this



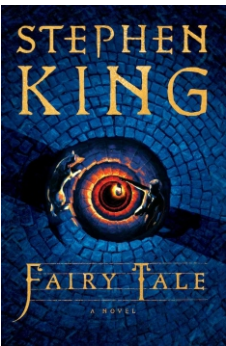
FAIRY TALE

by Stephen King

"Dark evenings and Stephen King. What could go wrong."

Charlie Reade looks like a regular high school kid but he carries a heavy load. His mom was killed in a hit-and-run accident and grief drove his dad to drink. Charlie learned how to take care of himself—and his dad. When Charlie is 17, he meets a dog named Radar and her master, Howard Bowditch, a recluse in a house at the top of a hill, with a locked shed in the backyard. Sometimes strange sounds emerge from it. Charlie starts doing jobs for Mr. Bowditch and loses his heart to Radar. Then, when Bowditch dies, he leaves Charlie a cassette tape telling a story no one would believe. What Bowditch knows, and has kept secret all his long life, is that inside the shed is a portal to another world.

King asked himself: What could you write that would make you happy? "I saw a deserted city. I saw the empty streets, haunted buildings, a gargoyle head lying overturned in the street. Those images released the story I wanted to tell."



I	W	E	C	M	M	P	G	A	P	L	X	G	W
Y	T	A	A	O	G	C	H	D	E	O	T	B	V
Q	E	E	S	N	O	O	O	D	T	V	R	E	P
B	X	W	P	S	O	R	S	A	S	D	A	E	O
C	O	H	E	T	S	P	T	M	E	H	N	T	L
A	R	A	R	E	E	S	B	S	M	O	S	L	T
R	C	U	P	R	B	E	U	F	A	C	Y	E	E
R	I	N	S	H	U	B	S	A	T	U	L	J	R
I	S	T	Y	O	M	R	T	M	A	S	V	U	G
E	T	O	C	U	P	I	E	I	R	P	A	I	E
L	U	P	H	S	S	D	R	L	Y	O	N	C	I
G	A	A	O	E	A	E	S	Y	Q	C	I	E	S
S	I	X	T	H	S	E	N	S	E	U	A	K	T
H	H	A	L	L	O	W	E	E	N	S	H	H	W

- | | | | |
|---------------|--------------|-------------|--------------|
| ADDAMS FAMILY | EXORCIST | HAUNT | POLTERGEIST |
| BEETLEJUICE | GHOSTBUSTERS | HOCUS POCUS | PSYCHO |
| CARRIE | GOOSEBUMPS | MONSTER | SIXTH SENSE |
| CASPER | HALLOWEEN | HOUSE | TRANSYLVANIA |
| CORPSE BRIDE | | PETSEMATARY | |