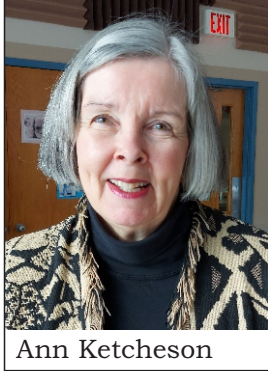




THE TULIP NEWSLETTER

ONTARIO DISTRICT 1

Founded in 2000 Probus Club of Ottawa Alta Vista #101
Meetings held at Gloucester Presbyterian Church, 91 Pike Street - January 2024
Next Meeting: Wednesday January 24 2024 at 10am in person
Greeters for January: Bill & Shirley Martin
January Speaker: Grant Cameron, NAC



Ann Ketcheson

PRESIDENT'S MESSAGE

Happy New Year Probus members!

While I'm not one to make many New Year's resolutions, this year I am resolving to do my part to make our club as friendly as we can, with your help. Volunteers go a long way toward this, with someone who greets you warmly as you come in the door, someone who says hello and hands you your name tag, and someone who has a hot tea or coffee ready for you. While you enjoy your drink and munch on a treat provided by some of our members, you have the opportunity to support the club by buying a 50/50 ticket. And on it goes.... We all work toward making club meetings enjoyable as well as interesting and entertaining. That said, we need people to join the Management Committee. One small task is taking over the area of publicity for the club in various local publications.

A main priority is finding someone to work on providing speakers for our group. Colin Galigan has speakers in place for the first half of 2024 so our new person has time to get organized. Perhaps you might consider doing this as part of a team? One might work behind the scenes to find speakers while the other does the introductions at our meetings. Please give this some serious thought as good speakers are the key to good Probus meetings.

As well, we need a Vice-President. My term as President will last for the next two years but if you begin as Vice-President now, the learning curve will be much easier. Again, please give this some serious thought and speak to me or any member of the Management team if you'd like more info. Please also let us know what is working well for you within the club and what changes or additions you might like to see. Do you bring books for the book exchange? Meet with the walking group or the euchre group? Knit a tuque for a newborn baby? Participate in any of the events which interest you? There might be other things you'd like to see and we're always ready to listen to your suggestions and incorporate them if we can. Alta Vista Probus has an excellent Management Committee and wonderful members who faithfully attend meetings and support our group. But there is always room for improvement. Let's resolve to work together and make 2024 another great year!

Ann Ketcheson
President - Probus Club of Ottawa Alta Vista

We have a book exchange program. Bring in your books and put it on the table. Anyone can pick up as many books as they like. Nobody expects to get their books back. Any books left behind will be donated to the Ottawa Library.



Jan 21 - Feb 18

AQUARIUS

The year will remain progressive, but Mars indicates a hectic phase at the beginning. Mercury may bring some uneasy moments to your relationship. The stars favour your health. Saturn will force you to be extra attentive to your finances.



Management Committee Contact List

President	Ann Ketcheson	613-244-1940	annketch@rogers.com
Vice President	<i>Vacant</i>	PLEASE HELP YOUR CLUB	
Treasurer	Pat Robson	613-830-3909	patrobson@sympatico.ca
Secretary	Margot Montgomery	613-232-2463	margotmontgomery@rogers.com
Membership	Bob Mady	613-883-0286	bmady49@gmail.com
	/ Jane Wickham	343-698-8286	janewickhamis@icloud.com
Tel/Email	Barbara Wilson	613-837-2377	barbarawilson142@yahoo.ca
Program	Colin Galigan	613-730-7649	cgaligan@yahoo.com
Publicity	<i>Vacant</i>	PLEASE HELP YOUR CLUB	
The Tulip/Events	Bernetta Starkey	343-572-7448	bernettastarkey1@gmail.com
Goodwill	Linda Miller-Nesbitt	613-323-1259	lmillernesbitt@gmail.com
Member at Large/Webmaster	John Wright	613-731-8521	jcwright@bell.net
Rotary Liaison	Eva Hammond	613-733-1459	hammond.eva@gmail.com



GOODWILL

Linda Miller-Nesbitt

Get Well Cards were sent to Jean Saldanha and Barbara Wilson. We hope they will be out and about soon.

If you know of any of our members who are ill or passed, please let us know.

FINANCIAL REPORT for December 2023

Bonnie Barber

	Expenses	Revenues	TOTALS
Opening Balance			\$4711.28
Memberships		360.00	
Loonie Bin		23.00	
50/50		29.00	
Bank charges	-4.00		
Probus Canada dues	-240.00		
Christmas Party	-308.40		
Hospitality Baking	-30.00		
Totals	-\$582.40	\$412.00	\$4540.88

50/50 Float	\$20.00
Membership Float	\$20.00



SPONGE TOFFEE

This fun sponge candy goes by many names: Cinder Toffee, Honeycomb and Hokey-Pokey. There's not much that can go wrong with this recipe!

Line a baking dish with parchment paper, measure out **1 tsp of baking soda** in a small bowl and have a heat-proof spatula ready before starting. You will need a candy thermometer.

Whisk together **1/2 cup white sugar, 2 tbsp corn syrup, 2 tbsp water** and **1 tbsp honey** together in a pot over medium heat. Insert candy thermometer. Stirring over heat until the mixture is thinner but still cloudy. Let bubble until the mixture is clear and the thermometer registers **300°F (149°C)**.

Remove from heat. Whisk in baking soda until just incorporated.

Switch to spatula and very carefully pour into the lined dish. Do not spread it out with your spatula or compress the mixture at all or the bubbles will deflate. Let cool completely, at least 30 minutes.

Remove candy from the pan by lifting out the parchment paper. Rap against the counter and use your fingers to break it into individual pieces.

For a variation, you can dip the pieces in melted chocolate.

NOTE: For bigger bubbles, use 2 tbsp baking soda.



MEMBERSHIP

Bob Mady & Jane Wickham

Our membership is currently standing at 69 members in good standing out of a total 90 members.

We will be awarding pins to all the new members of 2023. If you don't have a pin please let us know so we can get you one.



I LOVE YOU MORE TODAY THAN YESTERDAY, BECAUSE YESTERDAY YOU REALLY PISSED ME OFF



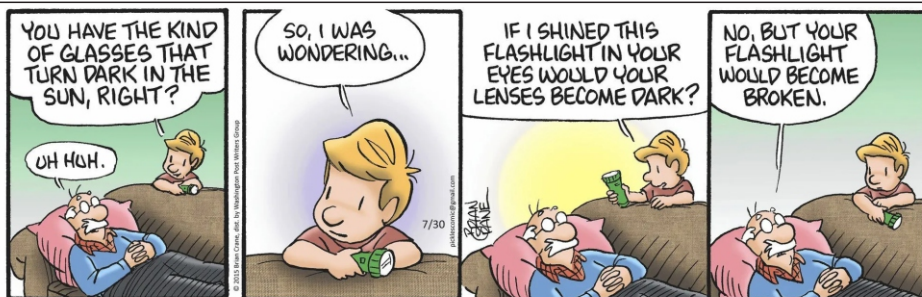
The 50/50 draw winner for December was

DEBBIE GOMEZ
who won **\$29.00!**

Pat Robson

\$1 - one ticket \$2 - three tickets
\$5 - ten tickets

Cash sales only. Good luck, everyone!



PROGRAM

Colin Galigan

February Speaker

Brett Martensen

Artificial Intelligence

Brett was doing Artificial Intelligence research as a hobby until 2001. In 2002 he founded Adaptron Inc to continue the research inside a corporate structure. The company performs Artificial General Intelligence (AGI) research. AGI should be able to learn to do anything a human can do. That includes recognizing things, performing tasks and learning how to think.

AI has become big news in the past few weeks, particularly ChatGP which, among other things, can write essays to order, an ability that the media built up

to be the end of civilization as we know it. This talk will give us a clearer picture of what AI is, what it can do and what will be left for us to do.





Agnes Snelson

Profile on Agnes Snelson

Agnes Press' mom came to Canada in 1932 as a nanny, met her father then returned to Edinburgh, Scotland. In 1951, Agnes returned with her two older brothers and mom. Agnes was a young teenager when she arrived. She had no difficulty understanding her Canadian classmates but they had difficulty understanding her Scottish brogue.

When Agnes arrived in Canada, they went to Toronto. Her first job was with Northern Electric on Fleet Street in Toronto. Agnes worked in the typing pool as so many young girls started their careers. She worked for Northern Electric for five years and eventually moved up the ladder to secretary to a few men.

Agnes worked for Woods Tents as a secretary. If you recall tents in the 60s, they were canvas, interior aluminum poles and heavy. If nothing else, you will remember heavy. Today, tents are made of waterproof polyester with fibreglass poles on the outside leaving the entire interior free of obstacles and a bathtub floor made of tarpaulin material.



One day Agnes' friend told her of a bunch of guys who were bowling and were missing a fourth. She asked Agnes to come and join them. This was how Agnes met Al Snelson. Al will tell you he met Agnes in an alley but Agnes will quickly join in saying a bowling alley. When Al first arrived in Toronto, he met a Scottish friend who loved to go dancing. Al enjoyed dancing too and joined the Sons of Scotland. Agnes and Al were married in 1960.

When Agnes had the first of their three children, she worked part-time on weekends at Sears in the ordering office. This was where customers would pick up their orders and place their orders. Do you remember ordering by catalogue over the phone? Eventually Agnes moved onto a new location on Kennedy Road as Assistant Manager and finally onto Warden Avenue to work as Manager of the Accounting Department.



Agnes and Al enjoyed dancing, skating, skiing, swimming and tennis. Al still belongs to a tennis club today. Today, Agnes enjoys reading, playing bridge and long walks. A new addition to her repertoire is billiards. The apartment building where Agnes and Al live is very active and they enjoy coffee klatches, pub nights, and their bridge group.

Three years ago, Agnes and Al moved to Ottawa, following one son and their daughter. Another son lives in Calgary. Recently one of their grandchildren has moved to Toronto so they are still travelling the 401. Agnes and Al have five grandchildren.

Al delivered by Meals On Wheels for three years and belongs to a painting group where he enjoys painting landscapes.

It has been a while since we have seen a profile and this was a wonderful one to start back with.



We have just renewed our membership in Probus and if you have moved or changed your phone number, please let us know. We need to keep our membership information up to date.

Thanks!

Christmas party

We had a wonderful time at our Christmas

Party. John Wright did a great job of song selections, poetry readings by Colin Galigan and Bill McLellan and even the Christmas message from King George V from 1932. Little known fact: Did you know the King's speech was written by Rudyard Kipling?

We had a wonderful lunch with more food than we could eat.

Delicious treats by Sharon Howes and Deb Bowen. Hopefully everyone had a wonderful Christmas and New Year. We are looking forward to seeing everyone back on January 24th.

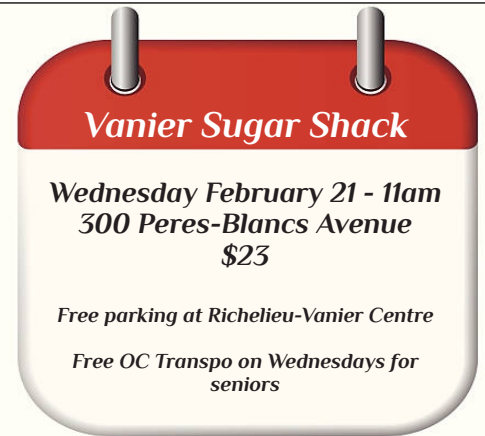


Please tell me I don't look that fat!



We will start the new year with a visit to the Vanier Sugar Shack on Wednesday February 21st at 11am. The address is 300 Peres-Blancs Avenue and OC Transpo is free for seniors on Wednesdays.

There is a museum we can tour onsite and the cost is \$5 per person for seniors. A simple pancake meal including 3 pancakes, yogurt, maple granola and, of course, maple syrup and a choice of drink (coffee, hot chocolate, water, orange juice, apple juice) for \$18 +tax. Please mark your calendars and sign up on the sign-up sheet on our website.



Ed Broadbent was a past speaker to Probus. Mr Broadbent was leader of the NDP from 1975 to 1989. He succeeded David Lewis and grew the party from 17 seats to 43 seats by 1988 through four national elections. In the 1984 federal election, the NDP finished just 10 seats after the Liberals led by John Turner. In the decade following Broadbent's retirement from politics, the federal NDP declined in popularity. The party would not come close to the popularity that it had enjoyed under Broadbent until Jack Layton took over the leadership in 2003. In 1993, Mr Broadbent was made an Officer of the Order of Canada. It has been said that Ed Broadbent was the best Prime Minister that Canada never had. Mr Broadbent died on January 11 2024, at the age of 87.



Sharon Howes hosts our euchre games. We play on the 2nd Wednesdays of each month, this month it will be January 10th at 1pm. Go to SOCIAL GROUPS on our website and you will find the write up for euchre. If you want to play, email Sharon (her email is under Euchre Players) and let her know you want to play. Don't worry if you have never played before. This is a fun game and nobody minds teaching others. All new participants will receive an email with her address as we get closer to the date. See you there!

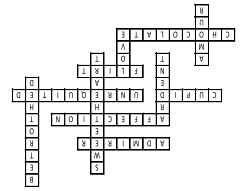


We are playing Bridge online. Please contact Bernetta Starkey (bernettastarkey1@gmail.com) or 343-572-7448) if you would like to join us in Bridge online. It's easy and the game even helps you so you can learn while playing. When you join, you use your computer camera and audio so that you can see the people you are playing with. Lots of fun!

FUN &

GAMES

Crossword Solution



"You've got the job. Now take these home and practice kissing them."



"I don't wear jewellery, but cash is nice."

			2	7		1	9	
5	1		6			7		
				5		4		
		7		3	4	6		
3	6	2		9				
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		8		7		1	9	
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BABY FACE

This young man starred in a very popular TV show in the '80s featuring a set of famous twins.

Did you know that he performed with the Beach Boys dating back to 1985, typically playing drums and other percussion instruments. He was featured in their video KOKOMO.

He is the national spokesperson for Project Cuddle a child-oriented charity. He played George in My Big Fat Greek Wedding 2. He is of Greek heritage.

Who is he?



While the European folk traditions connected with Saint Valentine and St. Valentine's Day have become marginalized by modern customs connecting the day with romantic love, there are still some connections with the advent of spring.

While the custom of sending cards, flowers, chocolates and other gifts originated in the UK, Valentine's Day still remains connected with various regional customs in England. In Norfolk, a character called 'Jack' Valentine knocks on the rear door of houses leaving sweets and presents for children. Although he was leaving treats, many children were scared of this mystical person.

In Slovenia, Saint Valentine or Zdravko was one of the saints of spring, the saint of good health and the patron of beekeepers and pilgrims. A proverb says that "Saint Valentine brings the keys of roots". Plants and flowers start to grow on this day. It has been celebrated as the day when the first work in the vineyards and in the fields commences. It is also said that birds propose to each other or marry on that day. Another proverb says "Valentin – prvi spomladin" ("Valentine – the first spring saint"), as in some places (especially White Carniola), Saint Valentine marks the beginning of spring. Valentine's Day has only recently been celebrated as the day of love. The day of love was traditionally March 12, the Saint Gregory's day, or February 22, Saint Vincent's Day. The patron of love was Saint Anthony, whose day has been celebrated on June 13.

FEBRUARY BIRTHDAYS



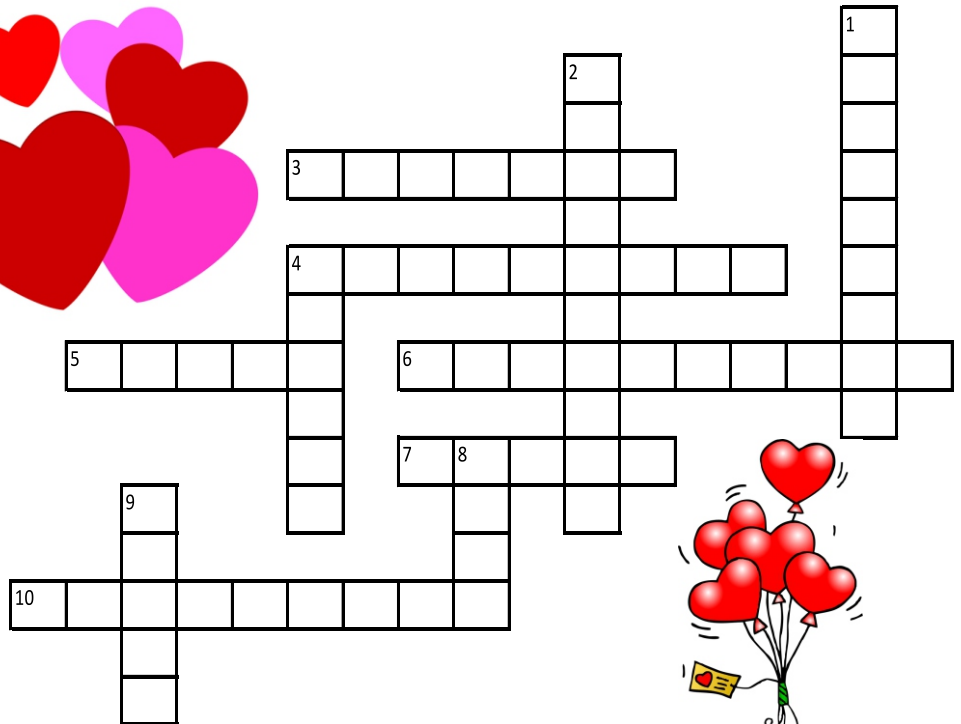
- 3 Phyllis MacPherson
- 5 Wib Neal
- 6 Eileen McCaffrey
- 25 Jay Miller



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9	4	5	8	1	6	7	2	3
8	7	2	6	4	9	3	1	5
6	1	5	2	7	3	8	9	4

ACROSS

- 3 A secret
- 4 A love for close friends
- 5 A baby with arrows
- 6 Unreciprocated
- 7 Such fun!
- 10 They say this will inspire similar feelings



DOWN

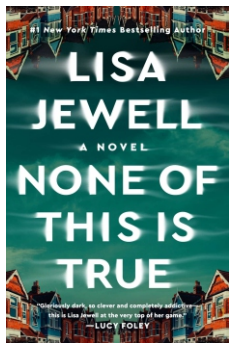
- 1 Promised
- 2 Darling
- 4 Passionate
- 8 What 5 Across is hoping to create
- 9 A French lover

NONE OF THIS IS TRUE

by Lisa Jewell

A scintillating psychological thriller

Celebrating her 45th birthday at her local pub, popular podcaster Alix Summers crosses paths with an unassuming woman called Josie Fair. Josie is also celebrating her 45th birthday. They are birthday twins.



Josie has been listening to Alix's podcasts and thinks she might be an interesting subject for her series. She is, she tells Alix, on the cusp of great changes in her life.

Josie's life appears to be strange and complicated, and although Alix finds her unsettling, she can't quite resist the temptation to keep making the podcast. Slowly she starts to realise that Josie has been hiding some very dark secrets, and

before she knows it, Josie has inveigled her way into Alix's life—and into her home.

But, as quickly as she arrived, Josie disappears. Only then does Alix discover that Josie has left a terrible and terrifying legacy in her wake, and that Alix has become the subject of her own true crime podcast, with her life and her family's lives under mortal threat.

Who is Josie Fair? And what has she done?

C	Q	U	L	O	V	E	B	I	R	D	S	O	I
F	O	R	G	E	T	M	E	N	O	T	S	W	A
P	A	Q	W	U	E	H	O	N	E	Y	D	O	L
O	M	M	O	O	N	S	T	R	U	C	K	O	I
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D	P	W	H	C	A	N	D	Y	M	J	C	E	G
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| ADORE | CHOCOLATE | FORGET ME NOTS | PASSIONATE |
| AFFECTION | DARLING | HONEY | RED |
| AMOUROUS | DEAR | HUG | SUITOR |
| ARDENT | DESIRE | LOVEBIRDS | TENDERNESS |
| CANDY | EMBRACE | MOONSTRUCK | UNREQUITED |
| | | | WOO |