Newsletter of the PROBUS Club of Ottawa Alta Vista



The Probe

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Sponsored by the Rotary Club of Ottawa

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Genealogy (revisited)

The first issue of *Probe* had a brief write-up of **Noreen Wolf**'s talk on Genealogy. In it she advised, "The first step is to visit the Family Records Centre at the Church of the Latter Day Saints on Prince of Wales Drive." Our April speaker, **Shirley-Ann Pyefinch** is the Director of the Centre and brought us up-to-date on the tools

available to trace your roots.

Some of Shirley-Ann's slides were a little daunting in the amount of information presented, but the talk to the slides made it clear that there was a path to follow to get the benefit of the search tools described. There is a staggering total of 6.2 billion searchable names but the tools available make searching a practical proposition.

The first thing to do is create a FamilySearch account (free) at the Centre. Then search the catalogue. Searching is by Place and Surname, then any other information you have available to narrow



the search. To help, there are access lessons available at the Centre as well as personal guidance from Shirley-Ann or one of her colleagues.

Shirley-Ann showed, as an example, the search she had done on her husband's family tree, going back 8 generations. This took a weekend. Probably anyone starting from scratch would not be as quick to recognize false starts and dead ends and would take much longer. One shortcut, which may be available, is when someone in a 'lost' branch of your family has created a tree which may include a common ancestor.

Family trees are not just names and dates. Preservation and conservation are important. Documents, photographs and family histories can be attached. If there is a connection to someone else's search you may find a copy of a ship's manifest showing your g-g-g-g-grandparents arrival in Canada or you may be able to provide additions for their tree.

The Centre, 1017 Prince of Wales Drive (at the right-angle bend half-way between Heron Road and the roundabout) is open on Tuesdays, Wednesdays and Thursdays from 9:30 to 3:30, Friday evenings from 6:30 to 9:30 and on 2nd and 4th Saturdays from 9:30 to 12:30.

The web site is www.ottawastakefhc.on.ca. The home page provides basic information and gives access to several articles (17 by Shirley-Ann) which will point you in the right direction.

PROBUS'
Vital

Purpose

To stimulate thought, interest and participation in activities at a time in life when it is easy to become complacent and self-c entered.

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Pamela Holm - Music Therapy

Originally trained as registered psychotherapist, Ms. then Holm subspecialized in music therapy at Capilano University, B.C. building her studies music at Concordia University. She now has extensive experience in this field



Opening her presentation with a sample of what she practices, she invited all to sing to her guitar accompaniment of:

"Welcome to my world, Won't you come on in, Miracles, I guess Still happen now and then".

Her new-found choir then learned about the broad spectrum of people who are helped by this therapy, regardless of age and covering multiple clinical conditions. Of particular interest to this audience was Pamela's experience with geriatric patients suffering from dementia or stroke. She is also involved in treatment of children with various problems like autism etc.

Our group showed how they had warmed to her presentation by enthusiastically joining in the closing:

"When Irish eyes are smiling".

Ute Davis

Poetry Corner

I Found a Place where Angelica Grows

By Sarah June Maginly

I found a place where Angelica grows, In Sydney Harbour, where marsh birds incline. I went there one mist-bounded, warm April morning With three eager children, sea-treasures to find.

They found pretty sea shells, pearl blue in the water; They splashed through snow rivers and dampened their clothes

Pieces of driftwood they vowed they would cherish, And I found a place where Angelica grows.

Angelica, sea-loving gentle white flower, as brought here from France, so an old legend goes; To Louisbourg's cold rocky land by the sailors, Who, longing for home, threw its seed on our shores.

Today, 'gainst the stone of Louisbourg's ramparts One sees the white flower lend its grace through the mists;

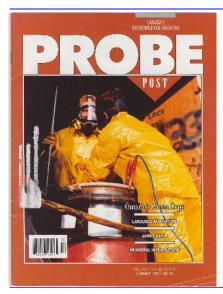
Its lacy-like bloom has outlasted the generals, Outlasted the cannons, and maids sailors kissed.

The old legend says that the seeds in the New World Grow only at Louisbourg, speak France's woes. Imagine my joy on that moist April morning When I found a place where Angelica grows!

The past haunted me as of history borning s I gathered the children sea-wet from their toes, Their pockets were crammed to the full with their findings,

But I found a place where Angelica grows.

One of the three children was **Sarah June Maginly**'s daughter, **Pamela Holm**.



The Competition

Well, not really! PROBE, Canada's Environmental Magazine folded in 1991 after 13 years of publication. Volume 14. Number 2, Summer 1991, \$2.50 has articles on Waste Incineration, Nuclear Power Station Problems, "U.S. Groups Fight James Bay II" with photos of demonstrations led by Matthew Coon Come, an analysis of residential waste (one finding was that apartment dwellers produce 10 to 20 percent less waste than people in single-family houses), and a letter by Farley Mowat:

On my 70th birthday in May of this year I was asked how I felt about mankind's prospects. This is my reply. 'We are behaving like yeasts in a brewer's vat multiplying mindlessly while greedily consuming the substance of a finite world. If we continue to imitate the yeasts we will perish as they perish, having exhausted our resources and poisoned ourselves in the lethal brew of our own wastes. Unlike the yeasts we have a choice. What will it be?"

15 years ago in The Probe

In June 2004, **Joyce Wright** was our President and our speakers were **Marion Dewar** and **James Bissett.**

Marion, Mayor of Ottawa from 1978 to 1985, described Ottawa as an unusual community. Not only is it the Capital of Canada but, more importantly, it is made up of many small communities which assume responsibility for resolving community issues. In her write-up of the talk, **Ada McEwan** noted, "It has been said that 'It takes a village to raise a child'. Marion Dewar's philosophy is that 'It takes a community to build a city'. Let us all continue to play an active part in solving problems in our local communities."

James Bissett, in the first of two visits, was outspoken on the our immigration policy, calling it "insane" His proposals for regaining sanity were:

- -- cut the number allowed from 300,000 to 80,000 100,000.
- -- narrow the range of bringing in relatives.
- -- put a cap on the number allowed from each country in any one year as in the U.S.
- -- stipulate that our values are to be accepted Islam finds it hard to separate church and state which makes it incompatible with some of our values.

He backed-up these hard-line views with facts and figures.

A suggestion tucked away at the bottom of page 3 said "If they put the pictures of the 10 'Most wanted' on stamps instead of the Post Office wall, letter carriers would probably spot them!" That was in the good old days when we had Post Offices.

In her "President's Notes" Joyce said "It is essential for any organization to identify and bring forward future leaders. If you have someone in mind who could be President in 2005, 2006 or even 2007 - now is the time to persuade them to join the Executive."

Most of our President's have made the same plea - albeit updated.



Dues 2019

Please check the sign-in sheet and make sure it says "Paid 19" against your name. If not, **Jane** or **Bob** will be pleased to take your money.

How Many Mayors?

Helen Cooper is the 6th Mayor or ex-Mayor to speak to the club. How many of the others can you name? A glance to the left is a give-away. That leaves 4.

Spring Fling 2019

Anna Van Adrichem-Rochon and her team at North Grenville Probus Club celebrated their 20th Anniversary by hosting *Spring Fling 2019*. The location was the Municipal Centre in Kemptville - the same location as *Spring Fling 2017* hosted by Western Ottawa.

Just a handful of our members enjoyed the opportunity to meet members of the other clubs in Eastern Ontario (Probus District #1) over lunch. The entertainment was by Tony Davy singing familiar songs from the age of the great crooners, Bing Crosby, Frank Sinatra, Perry Como and others, with the audience joining in on several of them.

Spring Flings are flung annually (a few years have been skipped) and rotate among the District #1 Clubs. Next year Cornwall will host as part of their 25th Anniversary Celebrations. We could have mentioned their last hosting in the column on the left. "After the lunch there was entertainment on a grand scale." Can they match it next year?

We last hosted in 2009 so our opportunity will come up soon.

News from Probus Canada

Marlene Pearce of Moncton takes over the Presidency from Bob Boone. Our Ontario District #1 representative, Jamie Doolittle is now the Vice-president.

There are 252 Probus Clubs in Canada with 37,800 members. The two most recent clubs are Durham Central which meets in Whitby and North York. The two clubs were sponsored by the Oshawa and Toronto clubs, respectively.

Ontario has the most clubs and has 7 representatives on the Board. B.C. is next with 3. Alberta has 1 and the rest of Canada is covered by 2 regions, Maritimes and Central (Saskatchewan, Manitoba & N.W. Ontario).

Summer

We have great summers in Ottawa. Last year it was on a Thursday.

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Next Speakers

July 24 - Four In-house speakers

Following our custom, Bob Mady has found 4 members who have agreed to open our July party day by taking over the microphone.

At the April meeting we asked if anyone could explain FaceBook, Instagram, Twitter and YouTube. It turns out that **John Kruithof** is on FaceBook and can unveil at least one part of the techno-morass.





Lenore Porter tells us, "I've been Read'n and Think'n" - that may not be a surprise but the results probably will be

We understand that her main concern is what to wear for the occasion.

Michael Davis' talk was originally thought to be Di Ego Trips, which sounded vaguely Italian. Further investigation revealed that it is DI Ego Trips. Visions of TV Detective Inspectors were quickly dispelled when DI was found to be Digital



Imaging. Look forward to some medical anecdotes.

Finally, **Geoff Wormell** will talk to us about Maps and Geography.

August 28: Maggie McDougal, Canopy Growth Medical Cannabis

Maggie is a Smiths Falls local with deep roots in the community. As the Community Engagement Specialist, she is excited to combine her passions for Canopy Growth, building community, and cannabis for wellness.

She began her career at Canopy Growth in Customer Care, where she gained valuable brand and product experience. She's passionate about education around making informed decisions, whether for wellness or recreational use.

September 25: Bob Paulson
Community Policing & RCMP Experience

October 23: Derrill Henderson & Mitzi Ross WWII Battle for Hong Kong

November 27: Benny Forget Call Centre Stories & where is my luggage?

December 11: Christmas party Details later

Our 20th Anniversary

Probus Alta-Vista was founded in September 1999 with Russ Hammond as our first President and Frank Fesco as our first speaker on "History Learned through Coin Collecting."

Taking to heart the slogan "Every Community needs a Probus Club", Russ, a member of the Ottawa Valley Club, got together with Jim Rader (President #2), Doug Hughes (also Ottawa Valley) and a few other interested people to look at forming a new club. Jim did some legwork and made the arrangements with Pastor Allan Mac Lellan of Pleasant Park Baptist Church to use their hall. The connection between Russ, Jim, Doug and Frank was that they all had careers with Bell Canada.

Picnic

Our Annual Picnic gives us the opportunity to celebrate our 20th.



We ask that you do the catering and, as usual, we have coupled names with fare.

Names beginning with:

- A to G, please bring Desserts
- H to L Cheese & Crackers
- M & N Sandwiches
- P to Z Salads.

Plates and forks will be provided (and, of course, refreshing drinks) ... and the cake.