



THE TULIP NEWSLETTER

ONTARIO DISTRICT 1

Founded in 2000 Probus Club of Ottawa Alta Vista #101
 Meetings held at Gloucester Presbyterian Church, 91 Pike Street - September 2021
 Next Meeting: Wednesday October 27 2021 at 10am on Zoom
 Speaker: David McGee, Lost Ottawa

PRESIDENT'S MESSAGE



Bonnie Barber

Dear Members,

The leaves on the maple trees are starting to show some red colour, and the last few days and nights have been cooler, signalling the coming of fall—a glorious time of year here in Ottawa.

We have had word from Gloucester Presbyterian Church that if we wished to meet in person, a maximum of 21 people would be allowed in the hall, with no access to the kitchen (no coffee/tea or donuts, etc), everything is to be sanitized, chairs spaced 2 meters apart, masks to be worn and a contact sheet to be maintained. With these guidelines, until we are all able to gather

together, we will continue for the present with our Zoom format.

In looking forward, we have speakers arranged for October and November, but, as you will recall, **we are currently looking for volunteers for the positions of Treasurer and Program. Without support from our membership in these key positions, there is a real danger that the club will fold, so please, step forward and join in the camaraderie of the management committee, if we are to continue.**

We look forward to seeing you on Sept 22nd to hear David McGee speaking about Lost Ottawa.

Until then,

Bonnie Barber
 President
 Probus Club of Ottawa Alta Vista

*Probus Alta Vista needs you to support your club.
 We need people for Treasurer and Program.
 Program can be done as a team, so find a friend
 and volunteer to keep our club going.*

This will be the first year we're not going to Hawaii because of Covid-19.

Normally we don't go because we can't afford it.

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Sep 23 - Oct 22

LIBRA

A zodiac sign belonging to the element of air, remaining under the strong influence of the planet Venus, which gives people born between September



23 and October 22 a high emotionality and the need for love, as well as the desire to achieve maximum popularity. The Zodiacal Libra are also confident in their attractiveness; they strive to meet it in all aspects of their lives and – which has to be admitted – they do it quite well.



SHARE THE WEALTH

When we are finally having regular in-person meetings, we will start a 50/50 raffle for each month.

Watch this space for more news to come.



GOODWILL

Marie Neige de C. Atchison

If you are aware of any of our members who have been in hospital or have had a family member in hospital or have passed away, please let Marie Neige de C. Atchison know so a card can be sent.



Bob Edgerton is away at the time of this writing.

We don't have a Financial Report but we can report that we have \$2545.95 in the bank.

FINANCIAL REPORT

Bob Edgerton



MEMBERSHIP

Bob Atchison & Jane Wickham

Our membership is currently standing at 50 members.

Elsa, an old midwife, found herself before St Peter. He said, Welcome, Elsa, do you have a last wish? Elsa said, "Yes, I'd like to see a birth where the father is the one to endure the pain of childbirth." She found herself standing before a woman having a baby and her husband was sitting comfortably in a chair. "You're not feeling any pain?", asked Elsa. "No, I'm fine", replied the husband, "But I think we need to call for an ambulance. Our neighbour John is lying out there on the lawn screaming his head off!"



BAKED APPLE ROSES

Preheat the oven to 400°F (200°C). Butter a muffin pan and dust with white sugar.

Taking 1 large red apple, core, cut in half and very thinly slice. Place apple slices on a plate and microwave on high for 45 seconds, just until slices have softened a bit. Cover plate with plastic wrap and a kitchen towel.

Mix together ¼ cup white sugar and 1

tsp ground cinnamon in a bowl.

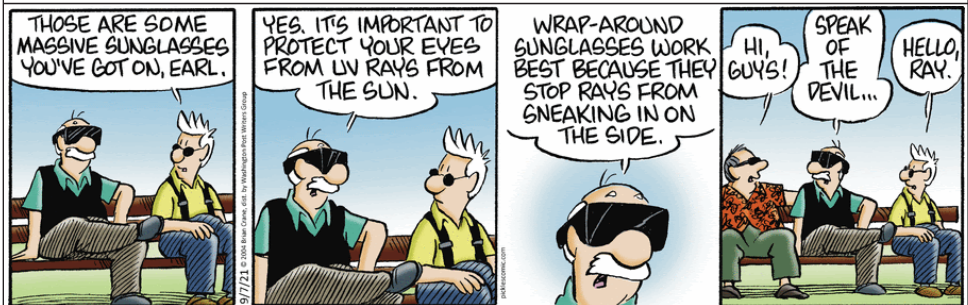
Roll 1 sheet of prepared puff pastry to less than 1/8-inch thickness. Using a pizza cutter, cut two 3-inch by 12-inch rectangles.

Spread ¼ cup melted butter over dough; top with a generous amount of cinnamon-sugar mixture. Place apple slices along 1 long edge of dough, about ¼ inch beyond the edge of dough, overlapping slices slightly. Fold bottom half of dough over the apple slices to form a long "folder" of dough with rounded edges of apple slices exposed.

Beat 1 egg and 2 tsp water together in a bowl. Paint the surface of dough with egg wash. Sprinkle with more cinnamon-sugar, to taste.

Starting from one end, roll dough not too tightly to form a rose-shaped pastry. Seal roll with the end of the dough strip.

Transfer roses to a prepared muffin pan. Sprinkle it with a little more cinnamon-sugar. Place the muffin pan directly on the middle rack of your preheated oven. Bake until well browned, about 45 minutes. Remove your muffin pan out of the oven and let the roses cool for 5 to 10 minutes. Dust with confectioners' sugar before serving. Don't forget to snap a picture of these beautiful "flowers"!



PROGRAM

Bob Mady

I have a life-long addiction to history and eventually completed a PhD in the History of Science and Technology. Since 2001 I have been interested in the use of modern digital technologies to deliver history to the public via websites and social media. Now I'm running *Lost Ottawa*, which does just that. I'm the host and manager of *Lost Ottawa*, which is currently a Facebook Community Page.



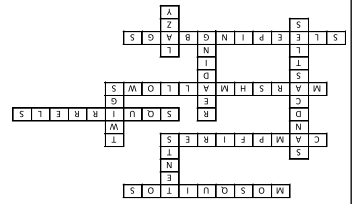
David McGee

Lost Ottawa is a research community aimed at exploring the history of Canada's Capital through the use of photographs. Members post pictures of those elements of Ottawa life and history that are lost in some way (as in gone, as in radically altered, or as in still there but lost to memory.) I was the first archivist at the Science and Tech Museum, responsible for the acquisition and description of collections at Science and Tech and the Canadian Aviation and Space Museum. I am looking forward to telling all about *Lost Ottawa*.

FUN &

GAMES

Crossword Solution

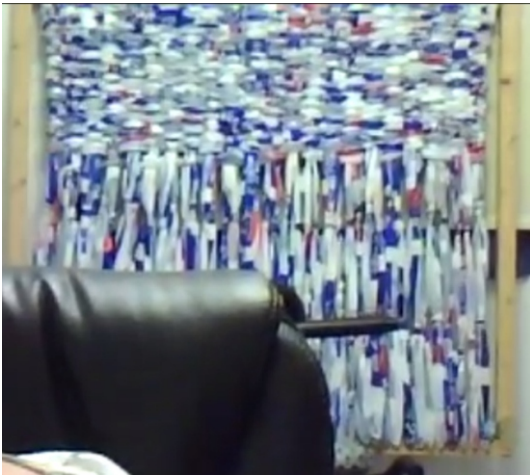


Be aware, she can move in any direction.



“It’s a taser. It’s for your snoring.”

2		9				5	6	1
6	7							2
4			6	2	1	9	3	7
8	6		2	5	7	1		3
1	2		9				5	6
5		7				2	8	
7		5	4	6	2			
		2	8				7	5
9		6	5		3		2	8



An example of a mattress weaving in progress.



Sandra displaying how the loom is prepared.

At our August meeting we were given a tremendous education on milk bag mattresses by Sandra Blais. Canada is one of only a few countries that bag their milk and it is the lightweight printed bag that is needed for mattresses. Why the printed bag? Because it is the chemicals in the ink on the bag that prevents hookworms from infesting people. Sandra told us that shopping bags are not acceptable. And this programme has diverted 24-million bags from landfill sites.

The mattresses are pliable and the plastic does not degrade for over 30-years. Not usually a bonus but in this case it is. It takes 530 bags to make a large mattress, 300 bags for a smaller mattress, 250 bags for a child’s mattress and 100 bags for a sitting mat. The mats are also used as curtains in open windows to keep out flying insects.

The bags are laid flat, the seam at the bottom of the bag is cut off and kept for stuffing pillows, the bag is then cut in half horizontally so you have two loops to work with. The loops are linked together to create weaving strips. The looms are reminiscent of the weaving looms we all made potholders for our moms at camp each summer.

Bonnie and other members of Probus Alta Vista have been saving their milk bags in preparation of this talk. Bernetta is investigating the size of the looms. Sandra said they weren’t difficult to make. Once we can start getting together in groups again, we can see if there is any interest in making finished mats for Sandra.

The pillows. Sandra told us that those little strips of a seam cut off the bottom of the bag was saved and used to stuff pillows. She would include one or two pillows with each mattress sent overseas.

For more information on milk bag mattresses please go to: www.milkbagsunlimited.ca



FUN &

GAMES

Sudoku Solution

8	Z	P	E	L	S	9	T	6
5	L	9	6	T	8	Z	P	E
6	T	E	Z	9	P	5	8	L
P	8	Z	9	E	T	L	6	5
9	S	L	8	P	6	E	Z	T
E	6	T	L	S	Z	P	9	8
L	E	6	T	Z	9	8	S	P
Z	P	8	S	6	E	T	L	9
T	9	S	L	8	Z	6	E	Z

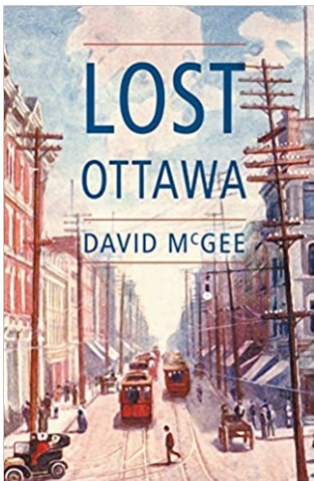
ACROSS

- 1 Even one is too many
- 4 Instead of watching TV
- 7 Grey and fluffy
- 8 A sticky mess but have to have them
- 10 Instead of sheets

DOWN

- 2 Thin walled houses
- 3 Dreaming in sand
- 5 Needed for Across 8
- 6 How to spend a glorious afternoon
- 9 Just being _____

Worrying works! 90% of the things I worry about never happen.



LOST OTTAWA

by David McGee

Remember the Chickulator at the Science and Tech Museum? What about the Britannia Drive-In? The Green Valley Restaurant? The malted milks once sold in the basement of Freiman's Department Store? If you answered Yes to any of these questions, Lost Ottawa is a book you'll treasure.

This is the unwritten history of the Nation's Capital and a loving tribute to the power and beauty of everyday life.

Lost Ottawa Book 2 - Is it a midnight show at the Towne Cinema? Dining at Peter's Pantry, or grabbing a meal at the Diamond BBQ? How about finding a bargain at the Stittsville Flea Market, or winning a car at the Ottawa Ex. We've got all that and more, from removing your rubbers at the Grace Hospital to finding that perfect prank in Bill's Joke Shop.

Lost Ottawa Book 3 - We've got stories about life in the neighbourhood, life in school, life in the streets, life in the summer and life after dark. Each story is told in that unique Lost Ottawa style by the people of Ottawa themselves. If you were a safety patrol, delivered the papers, rode a bicycle, waited for a bus in the snow, went drinking in Hull, snuck into the Auto-Sky Drive-in, or scared yourself silly by seeing the Exorcist at the Nelson — you'll enjoy the fabulous photos and stories in this new book.

J	A	C	K	E	T	N	U	T	S	F	F	U	N
S	O	U	P	S	E	L	O	O	C	N	I	T	F
C	U	S	S	S	K	N	I	R	D	M	R	A	W
C	R	R	E	D	U	R	T	N	E	K	A	S	O
R	E	B	K	S	I	R	V	C	R	E	K	A	R
U	T	M	G	I	E	N	A	L	L	M	U	R	A
S	A	N	E	E	A	L	W	E	W	T	W	S	N
T	E	I	S	S	P	S	D	A	P	U	G	E	G
Y	W	E	N	E	E	D	N	V	E	S	N	E	E
B	S	G	R	V	G	R	E	E	N	T	I	D	A
R	B	I	O	G	E	S	N	S	P	E	G	I	I
E	F	L	W	O	L	L	E	Y	M	W	G	N	S
A	G	W	R	U	S	T	L	E	C	S	A	G	W
D	U	E	N	A	U	T	U	M	N	E	B	N	N

- Autumn
- Bagging
- Crusty Bread
- Fireplace
- Gloves
- Green
- Jacket
- Leaves
- Nuts
- Orange
- Rake
- Red
- Rustle
- Seeding
- Soups
- Stews
- Sweater
- Trees
- Warm Drinks
- Yellow



We had 18 members attending our August zoom meeting. An excellent turnout. Looking for more as the cooler weather returns and people are coming back from their cottages.