



# THE TULIP NEWSLETTER

## ONTARIO DISTRICT 1

Founded in 2000 Probuc Club of Ottawa Alta Vista #101  
Meetings held at Gloucester Presbyterian Church, 91 Pike Street - June 2023  
Next Meeting: Wednesday June 28 at 10am in person  
Greeters for June: Maureen Dawson and Barbara Wilson  
**June Speaker: Alexandra Pope, Canadian Geographic**



## PRESIDENT'S MESSAGE

Dear Members,

I hope everyone has been staying safe throughout all the smoke we were experiencing. I understand we are not finished with it yet. For anyone with breathing issues, please stay safe.

We are still looking for more people to step up and become greeters. The schedule is on a rotation so you won't always be at the door for every meeting. This is a wonderful way to get to know the members in our club. Please let us know you would like to help.

Also, we are looking for someone to take on our publicity. Go to our website probucav.ca and on the home page in the strip of titles under the logo, click on Job Descriptions. It is not a difficult job but one we do need to have done. Please speak to me at the meeting to let me know you are interested.



Bernetta Starkey

Collect your BBTs (bread bag tags) and bring them to the meeting. There will be a container ready to collect them. This is our small donation to the environment.

We are having our annual picnic after our meeting on July 26th. It will be a brown bag picnic which means you will bring your own lunch and a drink. No alcoholic drinks please. Bring a lawn chair as well. We will sit in a circle outside under the trees and just enjoy each other's company. This has been a great success in years past and we are expecting success again. We will keep the coffee and tea on for anyone who would like one with their lunch. In the case of inclement weather, we will eat indoors.

If you have been knitting little tuques for preemies and infants, please leave them on the table with the books and Ann Ketcheson will pick them up at the end of the meeting. We will republish the pattern in the fall.

I am sorry to everyone for the Tulip being late last month and the last minute change of speakers. The scheduled speaker had to back out at the last minute and Barb was away. Barb sent out The Tulip once she got back from holiday. Secondly, I apologize for no profile in this Tulip. Linda has been so busy with events, that the space I had left for an interview wasn't fair to the member I would interview. I might have to change this newsletter to an 8-page newsletter! Again, my apologies.

Bernetta Starkey  
President - Probuc Club of Ottawa Alta Vista

We have a book exchange program. Bring in one book per person and put it on the table. Anyone can pick up as many books as they like. Nobody expects to get their books back. Any books left behind will be donated to the Ottawa Library.

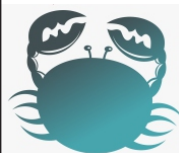


*If you joined in 2018 or more recently and have not received your Probuc pin, please speak to Bernetta Starkey to get your pin.*

Jun 22 - Jul 22

### CANCER

Cancer's strengths are a caring heart, a great memory (which can



sometimes come around to bite you), can read your thoughts, are sensitive and supportive

and will love unconditionally. They can also be touchy and moody, unable to let go and they take everything to heart. Be careful with Cancer. They are a delicate flower.

## Management Committee Contact List

President/The Tulip	Bernetta Starkey	343-572-7448	bernettastarkey1@gmail.com
Vice President	Ann Ketcheson	613-244-1940	annketch@rogers.com
Past Pres/Treasurer	Bonnie Barber	343-984-6101	tandbbarber@rogers.com
Secretary	Margot Montgomery	613-232-2463	margotmontgomery@rogers.com
Membership	Bob Mady	613-883-0286	bmady49@gmail.com
	/ Jane Wickham	343-698-8286	janewickhamis@icloud.com
Tel/Email	Barbara Wilson	613-837-2377	barbarawilson142@yahoo.ca
Program	Colin Galigan	613-730-7649	cgaligan@yahoo.com
Publicity	Vacant		
Hospitality	Paula Woollam	613-733-7196	pwoollam@bell.net
Goodwill/Events	Linda Miller-Nesbitt	613-323-1259	lmillernesbitt@gmail.com
Member at Large/Webmaster	John Wright	613-731-8521	jcwright@bell.net
Rotary Liaison	Eva Hammond	613-733-1459	hammond.eva@gmail.com

### PLEASE HELP YOUR CLUB



# GOODWILL

Linda Miller-Nesbitt

*If you know of anyone who is sick or has passed, please let Linda Miller-Nesbitt know so a card can be sent.*

## FINANCIAL REPORT for May 2023

Bonnie Barber

	Expenses	Revenues	
Opening Balance			\$3745.66
Loonie Bin		22.30	
50/50		25.50	
Bank charges	-4.00		
S. Howes (Baking)	-10.00		
<b>Totals</b>	<b>-\$14.00</b>	<b>\$47.80</b>	<b>\$3779.46</b>
50/50 Float			\$20.00
Membership Float			\$20.00



## STRAWBERRY-CABERNET BARBECUE SAUCE

Fresh berries make an unbeatable base for an easy homemade barbecue sauce

Heat **1 tbsp canola oil** in a medium saucepan over medium heat. Add **1/2 chopped onion** and season with Kosher salt and freshly ground black pepper to taste. Cook, stirring occasionally, until golden brown (7 to 9 minutes).

Stir in **3/4 cup quartered strawberries** and **1/2 cup of Cabernet Sauvignon**.

Increase heat to medium-high and cook until berries soften (3 to 4 minutes).


Add **1/3 cup apple cider vinegar**, **1/4 cup cup sugar**, **1/4 cup ketchup**, **2 tbsp Worcestershire sauce**, **1 tbsp maple syrup**, **3 chopped cloves of garlic** and **1/2 to 1 jalapeno pepper**, seeded and diced.

Bring to a boil.

Reduce heat and simmer until slightly thickened (8 to 12 minutes).

Let cool slightly.

Transfer mixture to a blender and puree until smooth (about 30 seconds). Return to pan and simmer, if necessary, until sauce thickens (1 to 2 minutes). Let cool and use to baste grilled chicken, ribs or pork chops.

 A father is neither an anchor to hold us back or a sail to take us there, but a guiding light whose love shows us the way.



## MEMBERSHIP

Bob Mady & Jane Wickham

Our membership is currently standing at 71 members in good standing. We had 39 members plus 5 guests attend our May meeting. Thank you to everyone who invites a guest to our meetings.



Pat Robson & Marlene Brennan

The 50/50 draw winner for May was **JEAN SALDANA** who won **\$25.50!**

**\$1 - one ticket**   **\$2 - three tickets**  
**\$5 - ten tickets**  
Cash sales only.  
Good luck, everyone!



## PROGRAM

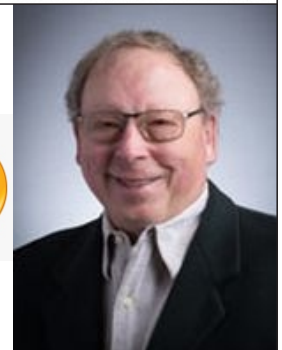
Colin Galigan

July Speaker

**Members of our club will speak & Craig Greenwood our Regional Director**

This month, we will hear from you, our members, on your favourite topics. This is always a fun and interesting speaker forum. We have had a few speakers over the years who have given us a chat on their travels, favourite hobbies and interests. Always a treat.

We will also hear from Craig Greenwood, who is our Regional Director of District #1. He is visiting all the clubs in his region. Craig has 21 clubs to visit before his time as Director is finished. We look forward to hearing from Craig. If you have questions about Probus, Craig is the man to talk to.







Seniors \$35.36 2 Daly Avenue  
**THURSDAY JULY 13 1:30pm**  
**Classic Theatre Festival**



"AFFAIRS OF STATE is just what the doctor ordered for Broadway. It is a suave and amusing comedy, something we haven't had for too long a while." -Daily Mirror

A rediscovered post-WW2 comedic gem that originally ran two years on Broadway. *AFFAIRS OF STATE* is a funny and intriguing story about the tricky deals and double crosses behind closed doors in Washington, featuring a memorable love quadrangle that threatens the appointment of a new Under-Secretary of State.

Revisit an age when satirical comedies were smart, sassy, insightful and fun with the wit and charm of the best Katharine Hepburn-Spender Tracy films. Though first staged in 1950, its witty lines could be pulled from today's headlines. From *'he's been a personal friend of mine for years, even if he is a Republican!'*, to *'he's insignificance incarnate. He's allergic to thinking'*.

Call the Classic Theatre Festival at **613-695-9330** to book your tickets. Say you are with Probus to secure the special price of \$35.36. We will follow this with dinner at a local restaurant still to be determined.

We will start with an early lunch at The Clocktower Pub at 140 Rideau Street at 11:30. We will then walk 3 minutes to the Classic Theatre at 2 Daly Avenue. There will be a pre-show talk at 1pm and the show will start at 1:30.

1. Call the theatre to book your tickets - 613-695-9330, say you are with Probus and your ticket price is \$35.36
2. Sign in on our website to say you are going - [probusoav.ca](http://probusoav.ca)
3. Be at the Clocktower Pub at 11:30 for an early lunch - 140 Rideau Street
4. Follow the crowd to the theatre - 2 Daly Avenue

# SHAKESPEARE IN THE PARK



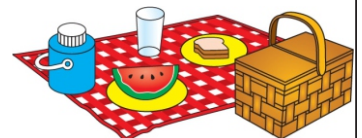
**HAMLET** This is what the touring company have to say about *Hamlet*.

Summer is almost here and that means Shakespeare-in-the-Park season is right around the corner! Our absolutely killer team is ready to bring you a *Hamlet* that's bigger and better than ever - touring over 40 parks across Ottawa and beyond. This Torchlight is going to be out hottest one yet. There will be puppets, there will be swordfights and there might even be a scary ghost!? All we're missing now . . . is you!

**Date: August 17, starts at 7pm.** There are bathrooms on-site and parking is available. Just bring a chair and a snack. This is a no-cost event.

Venue: Weston Park, in the block of Weston, Othello, Pleasant Park and Saunderson.

Our annual picnic is upon us and we will be celebrating on July 26th. It will be a brown bag picnic which means you will bring your own lunch and drink. We will have the coffee and tea available for anyone who would like one with their lunch. Bring a lawn chair with you as well. We will have our picnic after our meeting in July. Please no alcoholic drinks. This has been a great success in past years and we look forward to another success.



Now we need to ask for someone to step forward to handle our publicity. This position gets our message out through local newspapers and libraries. Please talk to one of our management team. You won't be left to figure it out on your own. We will help.

We had a last minute change in speakers this month. Our Bonnie Barber had taken a trip with friends to Egypt, Israel, Jordan, United Arab Emirates and Jordan - not in that order. Her friend, Joy Forbes, is a school teacher and had a presentation all ready to go so she made the presentation.

While in Egypt, they visited the city of Luxor and the Valley of the Kings. This is where the famed Tomb of Tut Ankh Amun was discovered in 1922. Tutankhamun died at age 19. For many years it was believed that "the boy king" died of an infected broken leg. However, in 2010, scientists found traces of malaria parasites in Tutankhamun's remains, indicating that malaria, perhaps in combination with degenerative bone disease, may have been the cause of death. He was the stepson of Queen Nefertiti.



In Jordan, they visited Petra where most people will remember the temple built into the rock in the Indiana Jones movie, THE LAST CRUSADE, with Sean Connery.

This is one of Jordan's most famous tourist sites. Petra is half-built, half-carved into the rock, and is surrounded by mountains riddled with passages and gorges. It is one of the world's most famous archaeological sites, where ancient Eastern traditions blend with Hellenistic architecture. They also visited the Red Sea where there are people to pull you out since you cannot get your feet under you to stand up.

They visited Oman where one of the more adventurous ladies in their group decided to take a dune buggy out and ride out into the desert on the dunes.

They then visited the United Arab Emirates which is made up of seven countries: Abu Dhabi, Dubai, Sharjah, Ajman, Umm Al-Quwain, and Fujairah, while the seventh emirate, Ras Al Khaimah, joined the federation in 1972. The capital city is Abu Dhabi, located in the largest and wealthiest of the seven emirates. One of the most famous sites is the Palm Islands. The UAE have many famous and outstanding pieces of architecture.



And finally Israel, where the Dome of the Rock shrine and the Western Wall are. There is a great deal of shared history here for Jews, Christians and Muslims. A definite stop on anyone's visit to the Middle East.



Ask Bonnie for more information on her travels. This was a visit to remember forever.

### Walkin' & Talkin'



The Walkin' & Talkin' group is coming back! Make a note in your calendar of these dates.

Wednesday June 21  
Wednesday July 19  
Wednesday August 16

Wednesday September 20  
Wednesday October 18

June 21st we will meet at 10am at the Mer Bleu Trails. The NCC Greenbelt Parking Lot 20 on Anderson Road. Put 'NCC Greenbelt P20' into your GPS. Bring water, good walking shoes, poles if you have them, a snack



and dress appropriate to the weather. There may be bugs so bug spray may be helpful.

Barbara Wilson will be our guide. You can sign up on our website. Click on SOCIAL GROUPS and you will find the write-up for this walk. Click on [CLICK HERE](#) to add your name to the list.

### Men welcomed.

Sharon Howes will be away next month for euchre. Bernetta Starkey will host the gathering. All the participants will receive an email with her address as we get closer to the date - Wednesday July 12th. The consensus was to play once a month on the 2nd Wednesday of each month. Go to SOCIAL GROUPS on our website and you will find the write up for euchre. If you want to play, just add the last four digits of your phone number to the white box and hit SUBMIT.



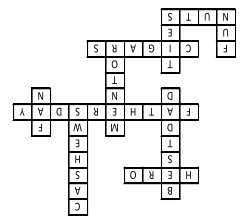
We are playing Bridge online. Please contact Bernetta Starkey ([bernettastarkey1@gmail.com](mailto:bernettastarkey1@gmail.com) or 343-572-7448) if you would like to join us in Bridge online. It's easy and the game even helps you so you can learn while playing. When you join, you use your computer camera and audio so that you can see the people you are playing with. Lots of fun!



# FUN &

# GAMES

Crossword Solution



"Dad, do I get my allowance or not?"



"See? He just needed a minute to get to know you."

		9	4					
4		5					3	
3	8			1	7		6	9
2			9		8	1		6
5	1	6	7		2	3	9	
						2		
		1		7				
	2			5			7	
		3	8		9			

## We're Hiring!

These are the best jobs ever!  
No benefits! No wages! But oh so much fun!!

### PUBLICITY

We are in need of someone to handle our publicity. Colin Galigan has been doing this position along with arranging our speakers. He would like to focus his attention on the speakers. Colin has a list of local newspapers that he puts in a free ad on their community pages. Maybe you could invite one of the papers to visit our meetings and interview our speakers!?

### WEBMASTER

Secondly, we are in need of a webmaster. John Wright (you remember John from such famous positions as Secretary, President, The Probe Editor to name a few) is now looking to step back from editing our website. This is a position where you can make it your own.

### PHOTOGRAPHER(S)

This is a position that has been empty for many years, especially over the covid years. We need someone to photographically document our speakers, events and so on. You might now always be able to attend every event, so you will need to arrange someone to take the photos. This would be a great team endeavour.

### AV MANAGER

Look at this one! A management position! We need someone who attends meetings a little earlier to set up the audio-visual equipment. You will have help in this (or you could arrange your own team!) The job description sounds very detailed on our website but I can assure you that it isn't that difficult.

These positions don't necessarily need to sit on the Board.



A dad is a son's first hero and a daughter's first love.  
A father is someone you look up to no matter how tall you get.  
When my father didn't have my hand, he had my back.

## JUNE BIRTHDAYS



- 6 Eva Hammond
- 8 Derry Foreman
- 9 Wendy Darling
- 11 Sharon Howes
- 17 Keith Walker

# FUN &

# GAMES

Sudoku Solution

4	T	9	6	Z	8	E	S	L	
E	L	6	I	S	9	4	Z	8	
Z	8	5	4	7	L	E	T	6	9
L	4	7	S	5	9	T	8	E	6
8	6	3	Z	4	7	6	I	S	5
9	S	1	8	E	6	7	4	Z	2
6	9	4	7	L	S	Z	8	5	3
T	E	8	9	6	Z	7	8	4	1
S	Z	7	E	8	4	9	6	9	1

## ACROSS

- 3 What Dad is to every child
- 6 June 18th
- 9 What Dads would hand out when you were born
- 10 Moms love chocolate, but Dads prefer . . .



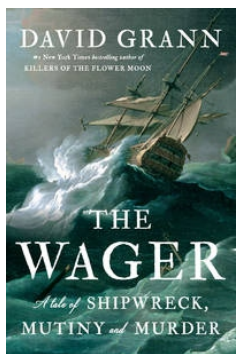
## DOWN

- 1 To be more specific on 10 across
- 2 Some Dad somewhere will receive a mug with this
- 4 What a good Dad is
- 5 Dads are these too
- 7 How many fathers have received these?
- 8 Dads are always this

## THE WAGER

by David Grann

On January 28, 1742, a ramshackle vessel of patched-together wood and cloth washed up on the coast of Brazil. Inside were thirty emaciated men and they had an extraordinary tale to tell. They were survivors of His Majesty's Ship the Wager, a British vessel that had left England in 1740 on a secret mission. While the Wager had been chasing a Spanish galleon, it had wrecked on a desolate island. After being marooned for months and facing starvation, built the flimsy craft and sailed for more than a hundred days, traversing nearly 3,000 miles of storm-wracked seas. They were greeted as heroes.



But then ... six months later, another, even more decrepit craft landed on the coast of Chile. This boat contained just three castaways, and they told a very different story. The thirty sailors who landed in Brazil were not heroes – they were mutineers!

N	X	K	T	C	L	F	Q	R	E	A	C	L	Y
U	D	I	S	A	O	A	A	L	M	O	N	D	S
R	E	T	H	S	V	N	X	I	U	G	J	B	S
T	A	E	I	H	I	M	W	M	N	A	L	E	S
U	R	S	R	E	N	I	P	Y	L	D	S	S	S
R	O	S	T	W	G	C	C	E	C	U	O	T	M
I	L	Z	S	S	M	J	L	Y	V	M	L	D	K
N	D	Y	O	X	E	C	A	R	D	S	I	A	D
G	D	B	V	H	E	R	O	N	V	U	D	D	L
F	A	T	H	E	R	S	D	A	Y	J	U	N	E
T	D	D	Q	M	I	X	E	D	N	U	T	S	Q
U	I	S	P	E	C	I	A	L	D	A	Y	P	W
A	W	E	P	Y	H	U	G	S	F	A	L	E	A
K	H	P	S	G	O	L	F	C	L	U	B	S	K

- |              |             |            |             |
|--------------|-------------|------------|-------------|
| ALMONDS      | FAN         | JUNE       | SHIRTS      |
| BEST DAD     | FATHERS DAY | KITES      | SOLID       |
| CARDS        | GOLF CLUBS  | LOVING     | SPECIAL DAY |
| CASHEWS      | HERO        | MIXED NUTS | TIES        |
| DEAR OLD DAD | HUGS        | NURTURING  |             |